



Starke Schulen
ohne Mobbing und Gewalt

Strong schools without bullying and violence

We ask for your support!

Participation of your child in the scientific study "Fairplayer+Kooperativ"

Dear parents,

Your child's school has decided to take part in the project "Fairplayer+Kooperativ" to actively engage in creating a positive school climate and in preventing bullying.

"Fairplayer+Kooperativ" is a research project focusing on the topic of bullying and will take place at selected schools in NRW (= North Rhine-Westphalia).

Bullying can happen to anyone, can occur at any school, and sometimes is not always immediately recognizable. Its consequences can be severe and can cause a lot of stress for the affected students. Therefore, it is important to respond quickly in an appropriate manner and to work toward preventing further incidents.

At your child's school, at least one program aimed at addressing bullying will be implemented. Following this, we aim to assess whether the school climate has changed. This evaluation is conducted by researchers from the Brandenburg University of Technology Cottbus-Senftenberg, the University of Berlin, and the University Hospital Ulm. As part of the project, we are studying how bullying can be prevented and how to effectively address it when it occurs.

We need your consent

We kindly ask for your consent for your child to participate in the surveys that will help us evaluate the effects of the programs.

The surveys for the students in the 7th, 8th and 9th grades will take place on three different dates:

1. October/November 2025
2. June/July 2026
3. December 2026

Of course, the surveys are **anonymous** and will be conducted in strict compliance with data **protection guidelines**. Please fill out the attached declaration of consent for the first date of the survey and have your child bring it to school.

The protection of the data is ensured

We place great importance on protecting your child's data. Therefore, we will handle all information with the utmost confidentiality, in full accordance with the General Data Protection Regulation (GDPR). The data will be used exclusively for scientific purposes. The surveys will include questions on:

- Personal data (e.g., gender, age, etc.)
- Experiences with bullying
- Emotional and social competencies
- Class climate

We are aware of the fact that these topics are sensitive. To address this, students will be assigned unique personal codes to ensure anonymity. This guarantees that no one, including our research staff, can link responses to individual students.

We would greatly appreciate your support for this project.

Do you have any questions? We would be happy to answer them. Please feel free to email us at:

fairplayer-kooperativ@b-tu.de

We thank you in advance.

Kind regards,

Your team of Fairplayer+Kooperativ

Declaration of consent

Please have your child take this declaration to school.

We/I have received this letter of information from the Brandenburg University of Technology Cottbus-Senftenberg, the University of Berlin, and the University Hospital Ulm. We/I have read and understood the information about the targets, the contents, and the procedure of the study included therein. We/I agree to the participation of our/my child,

.....
(First and last name of your child)

in the study "Fairplayer+Kooperativ".

.....
(Today's date and your signature)

Description of the project “Fairplayer+Kooperativ”

What is this project and how is it done?

The targets are:

- the reduction of bullying at your child’s school
- improving the atmosphere in the class

The researchers are also interested in why bullying occurs and if certain training programs for teachers and students are supportive of reducing bullying. For this, teachers are trained in two programs:

- The program **Fairplayer.Manual** has the aim to strengthen the community in the class and it is addressed to students. The class teacher learns to use this program and will apply it in the class. Students are made aware of which behaviors could be bullying and what they can do about it. This program should prevent the occurrence of bullying (prevention).
- The program **Kooperativ gegen Mobbing** is directly addressed to the teachers. It helps them to recognize bullying more easily and to intervene (intervention).

Details about the different study groups

The teachers will be assigned to one of three groups randomly:

- Group 1: The teachers receive the training in the program “Kooperativ gegen Mobbing” and in the program “Fairplayer.Manual”.
- Group 2: The teachers receive the training in the program “Fairplayer.Manual”.
- Group 3: After the third and last survey in December 2026, teachers receive the training in the program “Fairplayer.Manual”.

Why do we ask students?

We can detect the changes – and the kind of changes – in the class before and after the training. During the survey, your child will be asked about experiences of bullying, emotional skills, and the atmosphere in the class. Additionally, your child will estimate who he/she thinks is bullied, bullies others, or defends the victim in the case of bullying. Of course, anonymity and the protection of data while gathering the data are assured. So that no one knows who has given which answers, we use codes (= pseudonymization). These codes will be deleted after the study so that the data will be completely anonymous.

The participation in the study is voluntary. Your consent will support us by continuing the development of the programs and the school to create a better school climate so that the children will like attending school.

Further information

You can inform yourself about our project on our website. Scan the QR code or enter the link in your internet browser.



www.fairplayer-kooperativ.de

Contact partner

If you have any questions, you can contact our project team via mail at any time: fairplayer-kooperativ@b-tu.de

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